



June 29 - July 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday & Holidays
6 am - 7 am Lane Swim		6 am - 7 am Lane Swim		6 am - 7 am Lane Swim		
7 am - 8 am Lane Swim		7 am - 8 am Lane Swim		7 am - 8 am Lane Swim		
8 am - 8:50 am Regular Aquacize		8 am - 8:50 am Regular Aquacize		8 am - 8:50 am Regular Aquacize		
9 am - 9:50 am Regular Aquacize		9 am - 9:50 am Regular Aquacize		9 am - 9:50 am Regular Aquacize		
10:30 am - 11:20 am Regular Aquacize		10:30 am - 11:20 am Regular Aquacize		10:30 am - 11:20 am Regular Aquacize		
11:30 am - 1:00 pm Lane Swim (Lap Pool)	12:00 pm - 12:50 pm Aquacize (Wave Pool)				12:00 pm - 1:00 pm Lane Swim (Lap Pool) Aquacize (Wave Pool)	
			1 pm - 2:30 pm Public Swim	1:30 pm - 3:30 pm Public Swim	1 pm - 2:30 pm Public Swim	
			3 pm - 4:30 pm Public Swim		3 pm - 4:30 pm Public Swim	

Lane Swim: Lane swim is a great way to stay in shape and improve your technique. Three double lanes are provided for slow, medium, and fast swimming. Lane swim capacity limited to 8 swimmers and moves to 12 starting July 2.

Public Swim: During our Public Swim times recreational water park features in the Wave Pool are open and available for recreational use: waves, three story waterslide, and lazy river. **The Lap Pool is closed.** Public swim capacity is 75 swimmers starting July 1.

Hot Areas: **Steam Room and Sauna are** closed at this time. The Hot tub is currently under repair.

Stay home if you are sick or experiencing symptoms of COVID-19. Please pre-register for swimming times at cityofyorkton.perfectmind.com. Admission capacity is limited as part of our reopening protocols. Maintain social distancing of 2 meters at all times. Please go to www.gallaghercentre.com for full guidelines.

Schedule is subject to change. Updated schedules are available online at www.gallaghercentre.com. Admission and supervision rules for children are enforced at all times. Please see the reverse. Grey areas on the schedule note times when the water park is closed to the public. Admission fee grants access to booked program.

ADMISSION FEES

Admission Rates	Single Admission		Multi Admission Punch Pass			
		10x	20x	50x	100x	
Preschool (0 to 2 years)	Free					
Child (3 to 6 years)	\$ 4.50	\$ 40	\$ 70	\$ 155	\$ 265	
Youth (7 to 17 years)	\$ 5.75	\$ 45	\$ 85	\$ 180	\$ 310	
Adult (18+ years)	\$ 8.00	\$ 72	\$ 128	\$ 280	\$ 480	
Combo*	\$ 20	\$ 180	\$ 320			
Mega**	\$ 26	\$ 234	\$ 416			

For information about our admission process please see the reverse.

FITNESS SCHEDULE—June 28 to July 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 am - 8:50 am Regular Aquacize		8 am - 8:50 am Regular Aquacize		8 am - 8:50 am Regular Aquacize	
9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize		9 am - 9:50 am Regular Aquacize	
10:30 am - 11:20 am Regular Aquacize	10:30 am - 11:20 am Regular Aquacize	10:30 am - 11:20 am Regular Aquacize		10:30 am - 11:20 am Regular Aquacize	
12 pm - 12:50 pm Regular Aquacize	12 pm - 12:50 pm Regular Aquacize	12 pm - 12:50 pm Regular Aquacize		12 pm - 12:50 pm Regular Aquacize	12 pm - 12:50 pm Regular Aquacize

As per Re-Open Saskatchewan guidelines, class sized capacity is limited to **8 persons** until June 30. Starting July 2 Aquacize Classes go to **12 persons** per class. Please pre-register at <http://www.cityofyorkton.perfectmind.com> All patrons must exit the water at the end of each class.

Regular Aquacize: Regular Aquacize gives the participant the option to work at a transitional depth, and gives excellent cardio, strength and flexibility training. Suitable for everyone. Regular Aquacize is in the Wave Pool and there is a zero-depth beach entry.

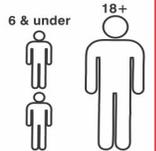
Deep Aquacize: This class occurs in deep water in the Lap Pool and is intended for strong swimmers. Focus on using the waters resistance for core, cardio and strength. Float belts provided. A stairway access is available to enter the pool.

Par-Q and you! In order to provide a safe exercise environment we require all participants to fill out a short Par-Q form. If you are new to Aquacize at the Water Park or have not filled out a form previously talk to your instructor at your next class to get a copy.

SWIM ADMISSION PROCESS

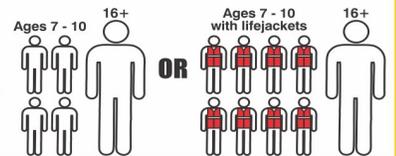
RED Bands

- All children 6 and under MUST be accompanied by a parent/guardian (18+ years)
- Children must remain within direct supervision and within arm's reach
- Maximum of 2 children per each parent/guardian (1:2)



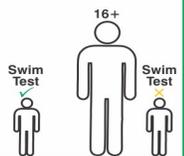
YELLOW Bands

- Children 7 to 10 years MUST be accompanied by a parent/guardian (16+ years)
- Children must remain within direct supervision and within arm's reach
- Maximum of 4 children per each parent/guardian (1:4)



GREEN Bands

- Children 7 to 10 years who pass the Waterpark Admission Swim Test MAY swim unaccompanied
- Children with green bands may be asked to take the test again if aquatic staff are concerned that they cannot demonstrate the ability to maintain the Waterpark Admission Swim Test





Summer 2021 Schedule - July 4 to August 31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday & Holidays
6 am - 7 am Lane Swim		6 am - 7 am Lane Swim		6 am - 7 am Lane Swim		
7 am - 8 am Lane Swim		7 am - 8 am Lane Swim		7 am - 8 am Lane Swim		
8 am - 8:50 am Regular Aquacize		8 am - 8:50 am Regular Aquacize		8 am - 8:50 am Regular Aquacize		
9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize		
12:00 pm - 1:00 pm Lane Swim (Lap Pool)			12:00 pm - 12:50 pm Aquacize (Wave Pool)			
					1 pm - 2:30 pm Public Swim	
	1:30 pm - 3:30 pm Public Swim		1:30 pm - 3:30 pm Public Swim	1:30 pm - 3:30 pm Public Swim		
					3 pm - 4:30 pm Public Swim	
7:30 pm - 8:20 pm Shallow Aquacize		7:30 pm - 8:20 pm Deep Aquacize				
7:30 pm - 9:30 pm Public Swim*		7:30 pm - 9:30 pm Public Swim*				

Lane Swim: Lane swim is a great way to stay in shape and improve your technique. Three double lanes are provided for slow, medium, and fast swimming. Lane swim capacity limited to 12 swimmers.

Public Swim: Enjoy recreational swimming for all ages during our Public Swim. Water Park features will be available based on booked pool. Lap Pool and Wave pool will be open for evening swims(*). Features include waves, three story waterslide, and lazy river, diving pool* and climbing wall*. Public Swim Capacity is currently set at 75.

Hot Areas: **Steam Room and Sauna are** closed at this time. The Hot Tub is currently undergoing repairs and will operate with new restrictions under the *Reopen Saskatchewan Guidelines*. Please review posted signage. The Hot Tub is available to Swimmers booked into Public & Lane swims, and Aquacize.

Stay home if you are sick or experiencing symptoms of COVID-19. Admission capacity is limited as part of our reopening protocols. Swimmers are encouraged to pre-register for swimming times at cityofyorkton.perfectmind.com. Maintain social distancing of 2 meters at all times. Please go to www.gallaghercentre.com for full guidelines.

Schedule is subject to change. Updated schedules are available online at www.gallaghercentre.com. Admission and supervision rules for children are enforced at all times. Please see the reverse. Grey areas on the schedule note times when the water park is closed to the public. Admission fee grants access to specific booked program.

ADMISSION FEES

Admission Rates	Single Admission		Multi Admission Punch Pass			
		10x	20x	50x	100x	
Preschool (0 to 2 years)	Free					
Child (3 to 6 years)	\$ 4.50	\$ 40	\$ 70	\$ 155	\$ 265	
Youth (7 to 17 years)	\$ 5.75	\$ 45	\$ 85	\$ 180	\$ 310	
Adult (18+ years)	\$ 8.00	\$ 72	\$ 128	\$ 280	\$ 480	
Combo*	\$ 20	\$ 180	\$ 320			
Mega**	\$ 26	\$ 234	\$ 416			

*Comb Pack — 4 patrons (min 1 adult, max 2 adults)

**Mega Pack — 6 Patrons (min 1 adult, max 2 adults)

For information about our admission process please see the reverse.

FITNESS SCHEDULE— July 4 to August 31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 am - 8:50 am Regular Aquacize		8 am - 8:50 am Regular Aquacize		8 am - 8:50 am Regular Aquacize	
9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize	9 am - 9:50 am Regular Aquacize	
12 pm - 12:50 pm Regular Aquacize	12 pm - 12:50 pm Regular Aquacize	12 pm - 12:50 pm Regular Aquacize	12 pm - 12:50 pm Regular Aquacize	12 pm - 12:50 pm Regular Aquacize	12 pm - 12:50 pm Regular Aquacize
7:30 pm - 8:20 pm Shallow Aquacize		7:30 pm - 8:20 pm Deep Aquacize			

As per **Re-Open Saskatchewan** guidelines, class sized capacity is limited to 12 persons to promote physical distancing. Please pre-register at <http://www.cityofyorkton.perfectmind.com> All patrons must exit the Water Park at the end of each class unless booked into other programs

Regular Aquacize: Regular Aquacize gives the participant the option to work at a transitional depth, and gives excellent cardio, strength and flexibility training. Suitable for everyone. Regular Aquacize is in the Wave Pool and there is a zero-depth beach entry.

Deep Aquacize: This class occurs in deep water in the Lap Pool and is intended for strong swimmers. Focus on using the waters resistance for core, cardio and strength. Float belts provided. A stairway access is available to enter the pool.

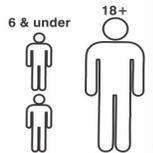
Shallow Aquacize: This class occurs in shallow water in the Lap Pool. Focus on using the waters resistance for core, cardio and strength. Float belts provided. A stairway access is available to enter the pool.

Par-Q and you! In order to provide a safe exercise environment we encourage all participants to read our Parti-Q form. If you are new to Aquacize at the Water Park or have not filled out a form previously talk to your instructor at your next class to get a copy.

SWIM ADMISSION PROCESS

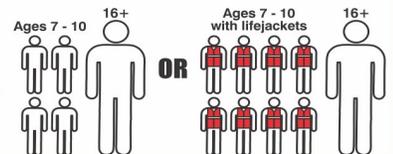
RED Bands

- All children 6 and under MUST be accompanied by a parent/guardian (18+ years)
- Children must remain within direct supervision and within arm's reach
- Maximum of 2 children per each parent/guardian (1:2)



YELLOW Bands

- Children 7 to 10 years MUST be accompanied by a parent/guardian (16+ years)
- Children must remain within direct supervision and within arm's reach
- Maximum of 4 children per each parent/guardian (1:4)



GREEN Bands

- Children 7 to 10 years who pass the Waterpark Admission Swim Test MAY swim unaccompanied
- Children with green bands may be asked to take the test again if aquatic staff are concerned that they cannot demonstrate the ability to maintain the Waterpark Admission Swim Test

