

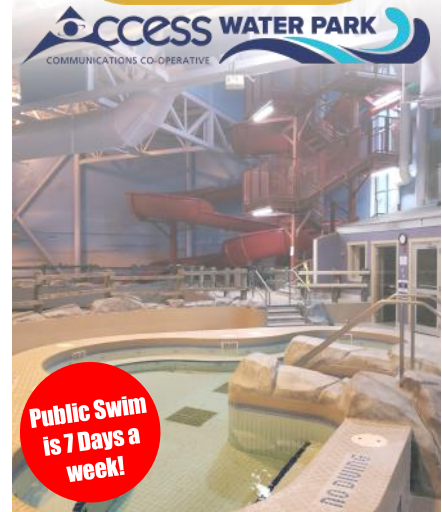
# Community Development Parks & Recreation

MARCH  
**2020**  
newsletter

Did  
**You**  
know?

City of Yorkton walking track passes never expire and can be used at the Gallagher Centre FlexiHall or Gloria Hayden Community Centre walking tracks. And you can share your pass with anyone you want!

Number of Walks	Fee	Price/Walk	Savings
Daily Drop In	\$3.00	\$3.00	-
25 Walk Pass	\$53.00	\$2.12	\$22.00
100 Walk Pass	\$210.00	\$2.10	\$90.00
200 Walk Pass	\$310.00	\$1.55	\$290.00



Public Swim  
is 7 Days a  
week!

## yoga classes

Instruction provided by Michelle Shabatoski  
7 week sessions at the Godfrey Dean  
Cultural Centre. Suitable for beginners.

Call 306-786-1776 for more information.  
Register by March 1st at  
[cityofyorkton.perfectmind.com](http://cityofyorkton.perfectmind.com) or  
[recreation@yorkton.ca](mailto:recreation@yorkton.ca)

### QIGONG

Thurs - 6:30 to 7:30 pm | March 5th to April 16th | \*80

### yinyoga

Thurs - 7:45 to 9:00 pm | March 5th to April 16th | \*85

### all levels yoga flow

Tues - 5:30 to 6:30 pm | March 3rd to April 14th | \*80

### restorative yoga

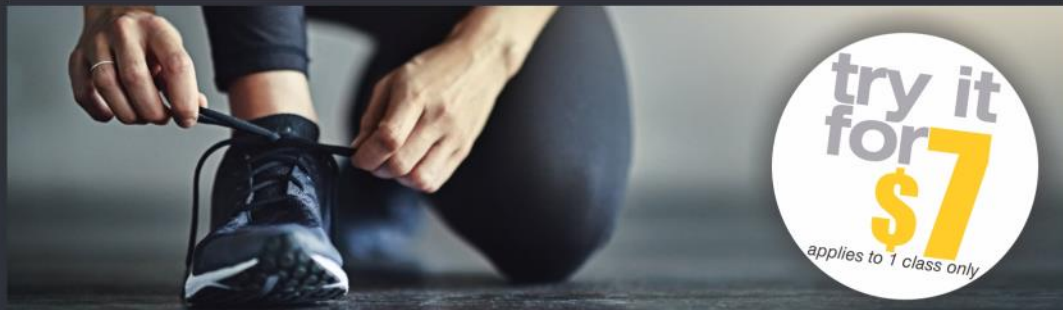
Tues - 6:45 to 8:00 pm | March 3rd to April 14th | \*85

## FITNESS BOOT CAMP

March 3rd to April 9th

Instruction provided by Judy Charney Fitness  
Gloria Hayden Community Centre

6 Week Course | Tuesdays & Thursdays | 5:15 pm to 5:45 pm or 6:00 pm to 6:30 pm



try it  
for  
**\$7**  
applies to 1 class only

**ONLY \$100! Just \$8.33/session**

For anyone & everyone! Workout programs are adaptable to all fitness levels.

Register by March 1st at [cityofyorkton.perfectmind.com](http://cityofyorkton.perfectmind.com)

For more information contact 306-786-1776 or [recreation@yorkton.ca](mailto:recreation@yorkton.ca).

**Spring Swimming  
Lessons Start March 23!**

**Upcoming Courses  
Aquatic Emergency Care  
March 6 - 8**

**National Lifeguard  
March 13 - 15 & 27 - 29**

**FREE Teen Swim March 27**  
10 pm to midnight. For ages 13 to 18.  
FREE snacks & great prizes

[www.gallaghercentre.com](http://www.gallaghercentre.com)

[f](https://www.facebook.com/AccessCommunicationsWaterPark) [i](https://www.instagram.com/AccessCommunicationsWaterPark) AccessCommunicationsWaterPark

## Yorkton Parks TECH TIP

As the temperatures rise, it is difficult to maintain smooth surfaces on outdoor rinks. Ice melts and becomes soft which creates tripping hazards. City outdoor rinks are checked daily and flooded when necessary. Please remember to always use caution while on the ice. Nets and shovels will be removed from the outdoor rinks once they are considered no longer safe to use.



# City WIDE

## SPRING REGISTRATION

**March 25, 2020**  
**5:30 p.m. to 8:00 p.m.**  
**Gallagher Centre Flexihall**

Sport, culture & recreation groups from Yorkton & area will be in attendance to promote their programs & take registrations for spring & summer activities.

**For more information or to register a table, please email [cdpr@yorkton.ca](mailto:cdpr@yorkton.ca) or call 306-786-1750**

# S-CAPE

summer program | culture | arts | physically active | experiences

**Registration opens**  
**March 25, 2020 at 5:30 p.m.**

- Register online at [cityofyorkton.perfectmind.com](http://cityofyorkton.perfectmind.com), in person at Gallagher Centre Guest Services, or at City Wide Spring Registration.
- S-CAPE is a weekly, preregistered summer program for children and youth ages 6 - 12.
- Located at the Gloria Hayden Community Centre, Monday to Friday from 8:00 a.m. to 5:00 p.m. in July and August. Doors open at 7:30 a.m. and close at 5:30 p.m.
- Find more information at [www.yorkton.ca/scape](http://www.yorkton.ca/scape) or call 306-786-1750
- Registrations are for 1 week blocks - \$100 per week



# KINSMEN ARENA REPLACEMENT PRE DESIGN PRESENTATION

Join us for a pre-design presentation of the Kinsmen Arena Replacement.

**March 25th at 7:00 p.m.**  
**Gallagher Centre - National Bank Room A**

